

The Illinois Dressage and Combined Training Association and Haute Pony present:

## Health and Harmony

An educational opportunity to give all horse advocates a chance to learn more on important horse care topics in a casual hands-on learning environment from respected horse professionals. Q&A after. *Class size is limited and availability is first come first serve.*

Normantown Trails Equestrian Center  
12151 S. Normantown Rd., Plainfield, IL 60585  
Ph: (815) 254-1950

### 1. Basic First Aid for Horses by Kathleen Kelly, D.V.M. & Megan Coveyou, D.V.M

Basics of equine first aid with hands on demos of how to clean and wrap/protect wounds, administer ophthalmic medicine, oral medications, I.M. injections, etc. Attendees will receive a first aid booklet, a stethoscope, a digital thermometer, and a list of items to have at the barn in case of emergency.

Date: **Saturday, March 13th:** 10am – 2:30pm (light lunch provided)

Cost: \$45 IDCTA member/\$50 non-members

### 2. Farrier Care, Hoof Soreness and Corrective Shoeing by Elmer Morefield

Review of the basic foot anatomy and the basic trim. Understanding the need for shoes and the advantages of bare feet. Review of different shoes and their purposes. Review of common foot diseases.

Date: **Saturday, April 10th:** 10am – 12pm (refreshments provided)

Cost: \$25 IDCTA member/\$30 non-members

### 3. Saddle Fitting by Lori Anderson, Sport Horse Therapeutics

Different body types and affect on saddle fit; basic fitting instruction, symptoms of an ill-fitting saddle; and tips on keeping your horses back strong and happy. Demo included

Date: **Thursday, May 13th:** 6:30pm – 8:30pm (refreshments provided)

Cost: \$25 IDCTA member/\$30 non-members

### 4. Understanding Nutrition & Feed-Related Problems for Horses by Kevin Kline,

PhD, U of IL, Department of Animal Sciences

Review of basic horse nutrition. Review of general feed-related problems from weight, to colic, founder and ulcers, to poisonous plants.

Date: **Thursday, June 10th:** 6:30pm – 8:30pm (refreshments provided)

Cost: \$25 IDCTA member/\$30 non-members

### 5. Understanding Chiropractic Care for Horses by David Heinze, D.V.M.

Review of basic chiropractic care and technique. Chiropractic demo

Date: **Thursday, Aug 5th:** 6:30pm – 8:30pm (refreshments provided)

Cost: \$25 IDCTA member/\$30 non-members

### 6. Setting a course: Jump to Success by Brenda Mueller, Brenda Mueller Enterprises

Review of basic course setting techniques, ground poles, cavalettis and gymnastics and their purpose.

Understanding how to set jumps safely and effectively for horse and rider. Set & walk a course.

Date: **Thursday, Sep 23rd:** 6:30pm – 8:30pm (refreshments provided)

Cost: \$25 IDCTA member/\$30 non-members

### 7. Understanding Basic Lameness and Care by U of IL Veterinary Teaching Hospital

Review of common horse lameness and care. A step-by-step explanation of lameness diagnosis. Review of lameness imaging tools including x-ray and ultrasound and how imaging is used in lameness diagnosis..

Date: **Saturday, Oct 23rd:** 10am – 12:30pm (refreshments provided)

Cost: \$35 IDCTA member/\$40 non-members

## Health & Harmony Advanced Registration & Tickets

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

IDCTA Member/IDCTA Member # \_\_\_\_\_

IDCTA memberships can be obtained at [www.idcta.org/membership/](http://www.idcta.org/membership/)

#	Class Name	Qty	IDCTA Price	Price	Total
1	Basic First Aid for Horses		\$45	\$55	
2	Farrier Care, Hoof Soreness and Corrective Shoeing		\$25	\$30	
3	Saddle Fitting		\$25	\$30	
4	Understanding Nutrition & Feed-Related Problems		\$25	\$30	
5	Understanding Chiropractic Care for Horses		\$25	\$30	
6	Setting a course: Jump to success		\$25	\$30	
7	Understanding Basic Lameness and Care		\$35	\$40	

Total Enclosed Payment \_\_\_\_\_

Please enclose correct payment to:

**Health & Harmony**  
**C/o Haute Pony**  
**660 Middleton Dr**  
**Roselle, IL 60172**  
**(630) 671-9735**

Confirmation of tickets will be provided by email (or phone). Participants will be notified if class is full or waitlist only and payment will not be processed until date of class. **Tickets will only be available at door if class has open seats available. Ticket refunds will be available no later than 72 hours prior to any class.**